



1358 7th Street East
Saint Paul, MN 55106
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PERSONAL CARE ASSISTANT

Basic Function:

To perform activities of daily living and other related duties in the client's residence as required according to developed care plans by DHS (or medical professionals).

Primary Duties:

Primary duties are to assist the client with personal care, mobile activities, dietary, and lighthouse keeping. Examples of work performed include the following:

<u>Personal Care</u>	<u>Mobile Activities</u>	<u>Dietary</u>	<u>Light House Keeping</u>
<ul style="list-style-type: none">• Bath/shower• Toileting/bowel/bladder• Dressing/undressing• Grooming• Mouth/denture care• Nail care• Skin care• Shave	<ul style="list-style-type: none">• Walking• Transfers• Turning/positioning• Ambulation• Range of motion	<ul style="list-style-type: none">• Grocery shopping• Meal preparation• Feeding assistance	<ul style="list-style-type: none">• Wash dishes• Do laundry• Make bed• Clean bedroom• Clean kitchen• Clean bathroom• Clean medical equipments

Other Related Duties:

1. Assist with respiratory treatment
2. Accompany to medical appointments when necessary
3. Obtaining prescriptions
4. Arrange for medical appointments
5. Stock medical supplies
6. Refill medical supplies
7. Direction, monitoring and observation
8. Report client's condition
9. Other related duties as needed

Exposures:

Frequent exposures to potentially infectious bodily fluids are part of the nature of this position. Mandatory observation of UNIVERSAL PRECAUTIONS is required at all times while providing care to patients.

Work Environment:

Working inside client's residence, which requires standing, walking, stooping, bending, stretching and lifting when providing care.

Minimum Qualification:

A condition of being hired is contingent upon the following requirements:

- Complete personal care competency training
- Passed criminal background clearance check
- Good communication skills
- High school graduation or equivalent is a plus