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What Can The PCA Do For The Patient?

PCAs can help the patient with covered services including:

- Dressing *Grooming/hygiene *Bathing *Eating
- Transfers *Mobility *Positioning *Toileting
- Health-related procedures and tasks * Observing and redirecting behaviors

You can use your PCA services at work, shopping, medical appointments, worship services, school or any place you would normally go in the community.

For adults, PCA may also help with instrumental activities of daily living such as:

- Meal planning and preparation
- Basic assistance with paying bills
- Shopping for food, clothing and other essential items
- Performing household tasks integral to PCA services
- Communication by telephone and other media
- Traveling to medical appointments and community events

PCAs can assist children with instrumental activities of daily living (IADL) ONLY under the following conditions:

- Light housekeeping and laundry for health and hygiene reasons integral to PCA services
- Sole benefit of the child
- Listed on the PCA assessment and service plan

Can The PCA Helps The Patient With His/Her Medication?

Under the direction of the patient or his/her responsible party, the PCA can:

- Remind the patient to take his/her medications
- Bring the patient to his/her medication
- Assist with opening medication

PCAs cannot:

- Decide your need for medication
- Setup your medication
- Evaluate the effectiveness of your medication
- Inject medications
- Inject fluids and medications into veins, muscles or skin
- Complete home maintenance or chore services
- Apply restraints
- Provide services in the PCA's home (unless the PCA lives with client)
- Sleep on the job